

Wednesday Presanctified

Liturgy Schedule:

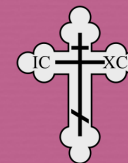
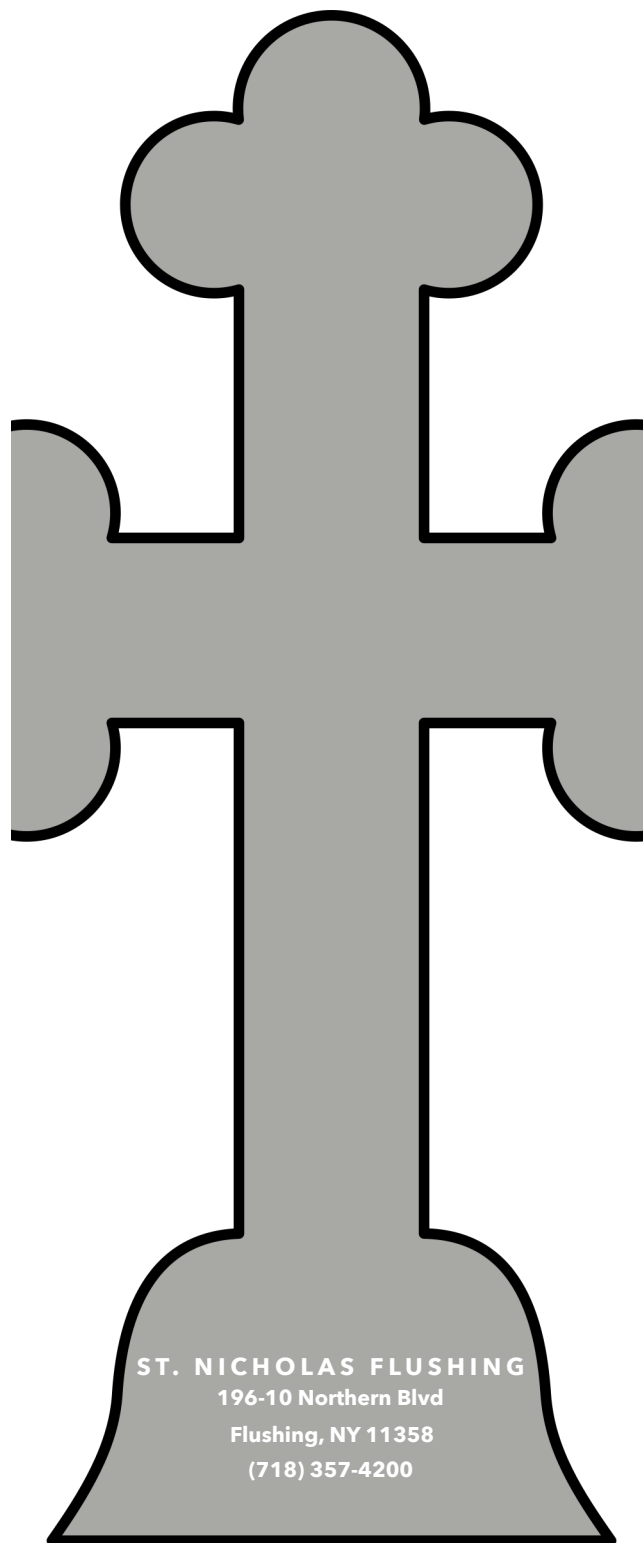
Presanctified 6:00 p.m.

Lenten Supper 7:45 p.m.

followed by

Lenten Reflections:
Orthodox Q & A

An excellent opportunity to
worship, break bread and join
together in fellowship as a
christian family.



LENTEN REFLECTIONS ORTHODOX Q & A



Join us for a Lenten meal &
discussion on Wednesday evenings
following the Presanctified Liturgy





ORTHODOX Q & A

We will take the Lenten prayer of St. Ephraim the Syrian and explore the treasure of our Orthodox spirituality.



The Lenten Prayer of St. Ephraim the Syrian

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.

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But give rather the spirit of chastity, humility, patience, and love to Thy servant.

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Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.

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WEDNESDAY, MARCH 1ST	DISCUSSION THEMES: <i>"Lord and Master of my life"</i>
WEDNESDAY, MARCH 8TH	<i>"What is the spirit of sloth & despair"</i>
WEDNESDAY, MARCH 15TH	<i>"Lust of power & idle talk"</i>
WEDNESDAY, MARCH 22	<i>"Chastity, humility, patience & love"</i>
WEDNESDAY, MARCH 29	<i>"Grant me to see my own transgressions"</i>
WEDNESDAY, APRIL 5	<i>"Judgment against others"</i>